

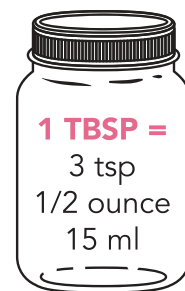
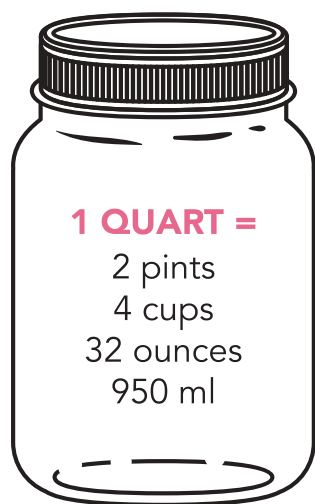
kitchen

CONVERSION CHART



VOLUME MEASUREMENT CONVERSIONS

Cups	Tablespoons	Teaspoons	Milliliters
1/16 cup	1 tbsp	1 tsp	5 ml
1/8 cup	2 tbsp	3 tsp	15 ml
1/4 cup	4 tbsp	6 tsp	30 ml
1/3 cup	5 1/3 tbsp	12 tsp	60 ml
1/2 cup	8 tbsp	16 tsp	80 ml
2/3 cup	10 2/3 tbsp	24 tsp	120 ml
3/4 cup	12 tbsp	32 tsp	160 ml
1 cup	16 tbsp	36 tsp	180 ml
		48 tsp	240 ml



COOKING TEMPERATURE CONVERSIONS

Celcius/Centigrade

$$F = (C \times 1.8) + 32$$

Fahrenheit

$$C = (F - 32) \times 0.5556$$

BAKING INGREDIENT CONVERSIONS

BUTTER

Cups	Grams
1/4 cup	57 grams
1/3 cup	76 grams
1/2 cup	113 grams
1 cup	227 grams

PACKED BROWN SUGAR

Cups	Grams	Ounces
1/4 cup	55 grams	1.9 oz
1/3 cup	73 grams	2.58 oz
1/2 cup	110 grams	3.88 oz
1 cup	220 grams	7.75 oz

ALL-PURPOSE FLOUR \ CONFECTIONER'S SUGAR

Cups	Grams	Ounces
1/8 cup	16 grams	.563 oz
1/4 cup	32 grams	1.13 oz
1/3 cup	43 grams	1.5 oz
1/2 cup	64 grams	2.25 oz
2/3 cup	85 grams	3 oz
3/4 cup	96 grams	3.38 oz
1 cup	128 grams	4.5 oz

GRANULATED SUGAR

Cups	Grams	Ounces
2 tbsp	25 grams	.89 oz
1/4 cup	50 grams	1.78 oz
1/3 cup	67 grams	2.37 oz
1/2 cup	100 grams	3.55 oz
2/3 cup	134 grams	4.73 oz
3/4 cup	150 grams	5.3 oz
1 cup	201 grams	7.1 oz